Introduction to Iridology

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Topics

• Introduction to Iridology
• Disease Pathology
• Past Present and Future
• Iridology A Mystery or Revolution (Review Paper)
• Animal Iridology
Iridology

• The practice examining the iris of the eye for disease diagnoses [1].

• Signs in the iris: **spot, pattern** and **change in color**.


Iridology

- The practice examining the iris of the eye for disease diagnoses [1].
- Signs in the iris: **spot**, **pattern** and **change in color**.

Iridology is NOT a Disease Diagnostic Tool

- Iridologists use its methods to help individuals strengthen the health with which they were born.
- We are born with specific strengths and weaknesses from our ancestors, especially the past three generations.
- Do not tells us disease level.
Iridology is Used For

• Diagnose cancer or any other disease although it can give you indications of inherited energy weakness in the various tissues.
• Determine if one has parasites, fungus or bacteria in any organ or system.
• Determine constipation, toxic colon or diverticulitis.
• Determine heavy metals or toxicity.
• Determine if healing is taking place in any organ.
• Determine high blood pressure or high blood sugar.
• Tell us what conditions we are most susceptible to, such as chronic sinus and lung mucous, blood and cholesterol issues, lowered immune function and more.
• Tell us if we inherited certain weakness from our ancestors that we can strengthen with nutrition and good lifestyle habits.
• Determine certain traits in our personality, and life lessons yet to be learned.
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Normal Iris

Abnormal Iris
Six Diarhesis

- Lacuna
- Spot
- Furrow
- Line
- Color Change
- Density
Twelve Iris Symptoms

STOMACH

COLON AND INTESTINE

AUTONOMIC NERVE

INNER ORGANS

LYMPH SYSTEM

SKIN METABOLISM
Pathology of Health Problems

Overacid Stomach

Underacid Stomach
Blue eye are a sign of toxicity in the body due to digestive problems. Special attention is required for stomach, pancreas, gall bladder and especially the liver.
Brow Mixed Eyes

Pre-disposed to **imbalances in blood composition** and hence to **blood disorders**.

Have problems with calcium metabolism.

Specific systems and organs to pay particular attention to are: The **circulatory system** (heart, blood, blood vessels), the organs that make blood (**liver, spleen, bone marrow**), the **digestive system** and the **endocrine glands**.
Pathology of Health Problems

Found in people's of European descent. It usually accompanies the person is prone to lymphatic disturbances and catarrh afflictions.
Nerve Rings
Iridology is depicted in the temples of ancient Egypt and referred to in ancient Chinese texts as well. It is not a Western discovery. However, it was the modern Western world that took this magnificent craft and made it into a more accessible and more accurate science.

1800 Ignaz von Peczely re-discover the iridology in animals. By making ver direct research, he brought the information together in charts.

Till 1985, it was taught at Harvard medical school. It was discarded only because school needed more rooms.
Four Stages

• The **First stage** was before 1800 when many people, including farmers, practiced iridology as a craft. Some charts were probably used at this time.

• The **Second stage** starts after the 1800’s. Iridology continued to be practiced as a craft among farmers and monks. However, it became more of a science in the company of doctors and other people. It was usually practiced from this time with the use of charts and special equipment.

• The **Third stage** of iridology is the modern stage. In the past ten years iridology has made leaps in chart development due to high power magnifications and computers as well as the work of people like Bernard Jenson who personally saw thousands of patients and was able to cross-reference and record hundreds of thousands of pieces of data about iris traits.

• **Forth Stage** is the future where artificial intelligence and high performance computing is available to prove the iridology.
Iridology Mystery or Revolution
(Review Paper by Amna Haider)

• 33 Articles with highest citation were selected
• 21 Articles were in the favor of Iridology
• 12 are in disagreement
Conventional Disease Diagnosis Methods

Dr. Cabot of Harvard University, stated that post-mortem examinations of one thousand cases (conducted by himself) disclosed the fact that the ante-mortem diagnoses were correct in only fifty-three percent of these cases.

The following table compiled by Dr. Cabot gives the nature of the various diseases and the exact percentage of correct diagnoses in each:

<table>
<thead>
<tr>
<th>Disease</th>
<th>Percent</th>
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<tbody>
<tr>
<td>Diabetes Mellitus</td>
<td>95</td>
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<tr>
<td>Typhoid</td>
<td>92</td>
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<tr>
<td>Aortic Regurg</td>
<td>84</td>
</tr>
<tr>
<td>Cancer of the Colon</td>
<td>74</td>
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<tr>
<td>Lobar Pneumonia</td>
<td>74</td>
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<tr>
<td>Chr. Glomeruloneph</td>
<td>74</td>
</tr>
<tr>
<td>Cerebral Tumor</td>
<td>72-4/5</td>
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<tr>
<td>Tb. Meningitis</td>
<td>72</td>
</tr>
<tr>
<td>Gastric Cancer</td>
<td>72</td>
</tr>
<tr>
<td>Mitral Stenosis</td>
<td>69</td>
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<tr>
<td>Brain Hemorrhage</td>
<td>67</td>
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<tr>
<td>Septic Meningitis</td>
<td>64</td>
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<tr>
<td>Aortic Stenosis</td>
<td>61</td>
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<tr>
<td>Phthisis, acute</td>
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<tr>
<td>Miliary Tb.</td>
<td>52</td>
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<tr>
<td>Chronic Interst. Neph</td>
<td>50</td>
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<tr>
<td>Thoracic Aneurism</td>
<td>50</td>
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<tr>
<td>Hepatic Cirrhosis</td>
<td>39</td>
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<tr>
<td>Acute Endocard</td>
<td>39</td>
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<tr>
<td>Peptic Ulcer</td>
<td>36</td>
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<tr>
<td>Suppurative Neph.</td>
<td>35</td>
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<tr>
<td>Renal Tb;</td>
<td>33-1/3</td>
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<tr>
<td>Bronchopneumonia</td>
<td>33</td>
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<tr>
<td>Vertebral Tb.</td>
<td>23</td>
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<tr>
<td>Chron. Myocarditis</td>
<td>22</td>
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<tr>
<td>Hepatic Abscess</td>
<td>20</td>
</tr>
<tr>
<td>Ac. Pericarditis</td>
<td>20</td>
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<tr>
<td>Ac. Nephritis</td>
<td>16</td>
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## Papers Published in Last Few Years

<table>
<thead>
<tr>
<th>Dysfunctional Organs</th>
<th>Approximate Number of Publications in last few years</th>
<th>Citations</th>
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<tbody>
<tr>
<td>Heart</td>
<td>11 [6-16]</td>
<td>93</td>
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<tr>
<td>Liver</td>
<td>10 [17-26]</td>
<td>43</td>
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<tr>
<td>Kidney</td>
<td>15 [27-42]</td>
<td>137</td>
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<td>Stomach</td>
<td>11 [43-53]</td>
<td>83</td>
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<tr>
<td>Lung</td>
<td>12 [54-65]</td>
<td>55</td>
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<tr>
<td>Books</td>
<td>11 [66-76]</td>
<td></td>
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